

**PARKER
PLACE
MAY EVENTS**

- May 1 - May Day
- May 4 - Music w/Don & Carla
- May 5 - Cinco de Mayo
- May 8 - Mothers Day Tea
- May 12 - Bingo w/ Midwest One Bank
- May 13 - Friday the 13th
- May 16 - Walmart Run
- May 19 - Resident Mtg
- May 26 - Carson Family
- May 27 - Out to Lunch
- May 30 - Memorial Day

**INSIDE THIS
ISSUE:**

- Sue's Corner
- From the Manager
- Health Tips
- Happenings
- Announcements

**PARKER
PLACE**

**A Place that
Feels Like
Home!**

The Parker Place Post

VOLUME 2, ISSUE 5

MAY 2011

Parker Place Retirement Community



MAY IS OLDER AMERICANS MONTH

In April of 1963, President John F. Kennedy's meeting with the National Council of Senior Citizens served as a prelude to designating May as "Senior Citizens Month." President Jimmy Carter changed the name to "Older Americans Month" in 1980 and that has been the tradition ever since.

Historically, Older Americans Month has been a time to acknowledge the contributions of past and current older persons to our country. This year's theme, "Older Americans: Connecting the Community", pays homage to the many ways in which older adults bring inspiration and continuity to the fabric of our communities. Their shared histories, diverse experiences, and wealth of knowledge have made our culture, economy, and local character what they are today.

Older Americans are more active in community life than ever before, thanks in part to advances in health care, education, technology, and financial stability over the last several decades that have greatly increased their vitality and standard of living. Older adults are out and about giving back and making a difference in their community. Seniors are mentoring the leaders of tomorrow, taking to heart the need for intergenerational learning to guide and inspire young minds. They offer a take on times gone by not discussed in any history class—a unique perspective that sheds new light on contemporary issues.

Older Americans step up to help one another as well. Across the country as well as here in Parkersburg, seniors connect with other seniors by delivering meals, helping with home repair, assisting with shopping and offering companionship, counseling and care. Their efforts remind us that when older adults are active and engaged in their communities, everyone benefits.

Do you have an Older American who has been an inspiration to you? Make sure you take the time to thank them during May-Older Americans Month!

Sue's Corner

Spring is here and that means I have rhubarb coming out of my ears!! The good thing is that I can always bring it into Parker Place as the residents love fresh rhubarb. I have collected different recipes from several residents and will be using my rhubarb to try out these family favorites to serve to our residents. We have a lot of good cooks living here at Parker Place and they are always willing to share recipes.

Asparagus is another rite of spring in Iowa and we will be featuring more of that on our menus. And we look forward to the garden season as the residents will be growing some of their own produce this year to be used in our kitchen.

Health Care News

Hello! My name is Jen Spieker and I am the new Health Care Coordinator here at Parker Place Assisted Living. Let me tell you a little bit about myself.

I'm from Eldora, but I grew up in Hampton. I received my LPN from Marshalltown Community College and my RN from Ellsworth Community College. I have worked in several different health care settings including Ellsworth Municipal Hospital in Iowa Falls, Eldora Nursing and Rehab in Eldora and the Marshalltown Medical and Surgical Center Clinic in Marshalltown.

I am married to husband Garth and we have two children—Cade who is 10 and Emma who is 8. I enjoy outside activities and like to exercise. I am very excited to be here at Parker Place and am eager to get to know everyone here and out in the Parkersburg community! Please stop in anytime to say hi!!

Welcome Jen!!!

FROM THE MANAGER:

Mother's Day is a special day to honor those women who gave us life. I was fortunate to not only have a caring, hard-working mom who raised 9 kids, but I was also blessed with a wonderful mother-in-law whose loving actions were a daily reminder of her selfless dedication to her children and grandchildren. Now that I'm a mother and grandmother myself, I have a new appreciation for those women in my life that were such an inspiration and helped to make me what I am today. And I now look with admiration on my daughter & daughters-in-law as they face the challenges of raising children in the world today. I never forget to honor them on that day as they are truly special to me as the mothers of my grandkids!

We have several mothers & grandmothers here at Parker Place and we will be celebrating Mother's Day with a special tea in their honor. They have made many sacrifices through the years for their kids, grandkids, nieces, nephews, neighbors & friends and have much wisdom to share with those of us willing to listen—we could learn a lot from them! Happy Mother's Day to all those women who have had such an impact on us all!!

Parker Place Happenings



Resident Birthdays

- Joan Madsen - May 10th
- Marrrian Newhall - May 20th
- Lorraine Lohr - May 29th
- Don Ehrig - May 31st

Staff Birthdays

- Afton Bunston - May 11th



In Memoriam

- Paul Slinker - April 1st
- Sophie Hawkins - April 5th
- Thelma Slinker - April 24th

MAY THEY REST IN PEACE!



PARKER PLACE

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ADDRESS CORRECTION REQUESTED

A Place That Feels Like Home

We're on the Web!
www.parkerplaceretirement.com

Parker Place Announcements

Senior Dining is offered at Parker Place Monday through Friday at noon. Any senior over 60 years of age, cost is just a free will donation. Call the morning before for reservations.

Parker Place has several areas available for group events or meetings. If you are looking for space to gather, give Parker Place a call.

Our Guest Room is available for your out of town guests. Call to reserve! Includes breakfast!!

Thank you:

To Brothers Market for the beautiful Easter Lilies!

To Pastor Dan Smith for the inspiring Palm Sunday Service!

There are a few apartments available! Call for the current move-in special!!
319-346-9771